

## 2021 Lake Erie Association Open & Masters Cross Country Championships Saturday, November 13, 2021

Location: Columbiana High School 700 Columbiana-Waterford Rd, Columbiana, OH 44408

Time: 9:30 a.m. \*Men and Women Open and Masters will race 5,000 Meters at the same time.\*

Age Groups (M & F): Open (ages 19 to 29), Masters ages 30+ (in five-year increments)

Rules: The competition will be conducted under the current USATF rules.

Sanction: This meet is sanctioned by Lake Erie Association of USA Track & Field.

Awards: Association medals presented to the top three places in each age division.

**Course:** Mostly a grass surface. No dressing facility is available.

**Entry Fee:** \$12 per athlete, no additional entry fee for teams. A team must consist of at least five runners, but not more than eight runners, and the team must be a registered USATF club. All athletes must have a current USATF membership card. Membership must be purchased online at www.usatf.org. Membership purchased after November 1, 2021 will be valid for the rest of this season as well as the 2022 season.

**Online Registration:** Go to <u>https://www.simplyregister.net/register/?e=120188</u> and fill out the online registration, there is no mail in registration. Registration will open August 13, 2021, and close on November 1, 2021 at midnight. There will be a late entry window open after that time.

Check In: Begins at 8:30 a.m.

Questions: Call or text Phillip Pillin at (330)881-2058 or email pillin@zoominternet.net