

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****W29&U Pole Vault**

Name	Age Team	Finals
Finals		
1 Thornton, Mirabelle	W16	3.35m 10-11.75
2.75 2.90 3.05 3.20 3.35 3.50		
P P O O XXO XXX		
2 Hicks, Mariah	W28	2.90m 9-06.25
2.75 2.90 3.05		
XO O XXX		

W29&U Long Jump

4 Attempts			Finals
Name	Age Team		
1 Nealy, Clarissa	W17		3.79m 12-05.25
3.79m 3.76m FOUL FOUL			
2 Brown, Dana	W29 Amp Up Sport		2.70m 8-10.25
2.70m 2.66m FOUL 2.64m			

W35 Long Jump

4 Attempts			Finals
Name	Age Team		
1 Dorsey, Brittany	W38 Amp Up Sport		4.10m 13-05.50
FOUL 4.10m FOUL 3.64m			

W50 Long Jump

4 Attempts			Finals
Name	Age Team		
1 Uttam, Rhonda	W54 Amp Up Sport		3.13m 10-03.25
3.02m 2.95m 3.06m 3.13m			

W60 Long Jump

4 Attempts			Finals
Name	Age Team		
1 Patricia, Gloria	W62 Xlperformanc		2.90m 9-06.25
FOUL 2.45m 2.90m 2.65m			

W60 Triple Jump

4 Attempts			Finals
Name	Age Team		
1 Patricia, Gloria	W62 Xlperformanc		6.51m 21-04.25
FOUL FOUL 6.51m FOUL			

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****W29&U Shot Put**

4 Attempts							Finals	
Name	Age Team							
1 Hameed, Savannah	W17			10.46m				34-04.00
	10.17m	10.46m	10.36m	10.12m				
2 Lilly, Kaleigh	W17			9.36m				30-08.50
	9.16m	9.26m	8.87m	9.36m				
3 Broaddus, Allyson	W17			9.15m				30-00.25
	7.82m	9.15m	FOUL	FOUL				
4 Sobie, Milena	W17			6.32m				20-09.00
	6.05m	6.12m	6.07m	6.32m				

W35 Shot Put

4 Attempts							Finals	
Name	Age Team							
1 Barnhart, Rachael	W39 Amp Up Sport			8.23m				27-00.00
	7.86m	8.23m	7.85m	7.60m				

W40 Shot Put

4 Attempts							Finals	
Name	Age Team							
1 Rinehart, Miranda	W42 Amp Up Sport			8.17m				26-09.75
	8.11m	7.63m	8.02m	8.17m				
2 Blevins, Laura	W43			6.16m				20-02.50
	5.94m	6.05m	5.75m	6.16m				

W50 Shot Put

4 Attempts							Finals	
Name	Age Team							
1 Heston, Jennifer	W51			7.66m				25-01.75
	7.66m	7.40m	7.49m	7.06m				
2 Uttam, Rhonda	W54 Amp Up Sport			6.65m				21-10.00
	6.65m	6.40m	6.27m	6.30m				

W55 Shot Put

4 Attempts							Finals	
Name	Age Team							
1 Swingle, Jody	W58 Amp Up Sport			6.34m				20-09.75
	5.66m	6.34m	5.86m	5.91m				

W29&U Discus Throw

4 Attempts							Finals	
Name	Age Team							
1 Hameed, Savannah	W17			30.95m				101-06
	30.95m	27.65m	30.52m	FOUL				

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****...W29&U Discus Throw**

2	Broaddus, Allyson	W17			30.48m	100-00
	25.78m	30.48m	FOUL	FOUL		
3	Lilly, Kaleigh	W17			27.54m	90-04
	FOUL	27.04m	27.54m	FOUL		
6	Adkins, Kaleena	W15			21.15m	69-05
	FOUL	21.15m	20.59m	FOUL		
8	Darrow, Katherine	W12			20.66m	67-09
	FOUL	FOUL	19.54m	20.66m		
10	Sobie, Milena	W17			16.47m	54-00
	15.69m	13.84m	14.93m	16.47m		

W35 Discus Throw

=====						
4	Attempts				Finals	
	Name	Age	Team			
=====						
4	Barnhart, Rachael	W39	Amp Up Sport		23.58m	77-04
	22.80m	20.20m	23.58m	22.71m		

W40 Discus Throw

=====						
4	Attempts				Finals	
	Name	Age	Team			
=====						
7	Rinehart, Miranda	W42	Amp Up Sport		20.77m	68-02
	20.27m	FOUL	FOUL	20.77m		

W50 Discus Throw

=====						
4	Attempts				Finals	
	Name	Age	Team			
=====						
5	Heston, Jennifer	W51			22.89m	75-01
	20.66m	22.56m	22.89m	FOUL		
9	Dobbins, Mary Ann	W53			17.16m	56-03
	13.98m	14.65m	17.01m	17.16m		

W60 Discus Throw

=====						
4	Attempts				Finals	
	Name	Age	Team			
=====						
11	Patricia, Gloria	W62	Xlperformanc		15.08m	49-06
	14.31m	FOUL	15.08m	14.81m		

W29&U Hammer Throw

=====						
4	Attempts				Finals	
	Name	Age	Team			
=====						
1	Palinski, Megan	W18	Xlperformanc		35.05m	115-00
	35.05m	34.39m	33.24m	FOUL		
2	Biggs, Katie	W17			32.60m	106-11
	FOUL	32.23m	25.80m	32.60m		
5	Adkins, Kaleena	W15			24.88m	81-07
	24.88m	23.06m	FOUL	23.13m		

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****W50 Hammer Throw**

4 Attempts						Finals	
Name	Age Team						
3 Heston, Jennifer	W51					28.84m	94-07
FOUL	FOUL	28.68m	28.84m				
4 Dobbins, Mary Ann	W53					25.68m	84-03
23.65m	24.35m	FOUL	25.68m				

W29&U Javelin Throw

4 Attempts						Finals	
Name	Age Team						
1 Hameed, Savannah	W17					30.23m	99-02
30.23m	PASS	PASS	PASS				
8 Brown, Dana	W29 Amp Up Sport					12.83m	42-01
11.91m	12.22m	12.83m	FOUL				
9 Sobie, Milena	W17					10.55m	34-07
10.34m	10.55m	8.91m	9.25m				

W30 Javelin Throw

4 Attempts						Finals	
Name	Age Team						
2 Krise, Amanda	W32 Grove City A					28.11m	92-03
22.38m	24.96m	28.11m	25.83m				

W35 Javelin Throw

4 Attempts						Finals	
Name	Age Team						
4 Barnhart, Rachael	W39 Amp Up Sport					19.17m	62-11
19.17m	FOUL	18.11m	FOUL				

W40 Javelin Throw

4 Attempts						Finals	
Name	Age Team						
5 Rinehart, Miranda	W42 Amp Up Sport					15.80m	51-10
15.80m	15.10m	FOUL	FOUL				

W45 Javelin Throw

4 Attempts						Finals	
Name	Age Team						
3 Morin, Michele	W47 Amp Up Sport					22.81m	74-10
19.80m	17.83m	21.20m	22.81m				

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****W50 Javelin Throw**

4 Attempts

Name	Age	Team	Finals	
6 Heston, Jennifer	W51		14.19m	46-07
10.10m 10.72m 14.19m 13.98m				
7 Uttam, Rhonda	W54	Amp Up Sport	14.00m	45-11
13.71m FOUL 14.00m 13.82m				
11 Long, Tracey	W54	Over The Hill TC	9.99m	32-09
9.04m 9.87m 8.79m 9.99m				

W55 Javelin Throw

4 Attempts

Name	Age	Team	Finals	
10 Swingle, Jody	W58	Amp Up Sport	10.52m	34-06
8.46m 6.93m 9.66m 10.52m				

W29&U Weight Throw

4 Attempts

Name	Age	Team	Finals	
1 Hameed, Savannah	W17		11.39m	37-04.50
11.38m FOUL FOUL 11.39m				

W50 Weight Throw

4 Attempts

Name	Age	Team	Finals	
2 Heston, Jennifer	W51		9.02m	29-07.25
FOUL 9.02m 8.78m FOUL				

W29&U Shot Put Throws Pentathlon

Name	Age	Team	Finals		Points
1 Jay, Kristen	W17		10.87m	35-08.00	587
10.56m 10.87m 10.47m					
2 Hameed, Savannah	W17		10.21m	33-06.00	543
FOUL 10.21m 10.02m					
3 Hager, Cathrynn	W15		8.05m	26-05.00	403
8.05m 6.29m 7.44m					
4 Adkins, Kaleena	W15		7.91m	25-11.50	394
7.31m 6.55m 7.91m					
5 Zurn, Maggie	W17		7.54m	24-09.00	370
7.54m 6.66m 6.77m					

W50 Shot Put Throws Pentathlon

Name	Age	Team	Finals		Points
1 Heston, Jennifer	W51		8.01m	26-03.50	469
8.01m 7.65m 7.64m					

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****W60 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Points
1 Dajia, Kristen 9.02m 9.05m 9.43m	W60	9.43m 30-11.25	711

W65 Shot Put Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Vickie 5.37m 5.52m 5.66m	W68 Eastern Buck	5.66m 18-07.00	428

W29&U Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Hameed, Savannah 29.51m 32.14m 30.97m	W17	32.14m 105-05	503
2 Jay, Kristen FOUL 31.38m 31.14m	W17	31.38m 102-11	489
3 Zurn, Maggie FOUL 25.69m 26.32m	W17	26.32m 86-04	394
4 Adkins, Kaleena 22.50m FOUL 22.01m	W15	22.50m 73-10	323
5 Hager, Cathrynn FOUL 19.30m 18.75m	W15	19.30m 63-04	265

W50 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Heston, Jennifer 23.63m FOUL 20.72m	W51	23.63m 77-06	474

W60 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Dajia, Kristen 24.33m 26.30m 24.03m	W60	26.30m 86-03	688

W65 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Vickie 12.78m 13.89m 14.90m	W68 Eastern Buck	14.90m 48-11	395

W29&U Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Zurn, Maggie 30.60m 33.17m 30.02m	W17	33.17m 108-10	443
2 Jay, Kristen FOUL 29.46m FOUL	W17	29.46m 96-08	382

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****...W29&U Hammer Throw Throws Pentathlon**

3	Adkins, Kaleena	W15	23.93m	78-06	292
	FOUL FOUL 23.93m				
4	Hager, Cathrynn	W15	19.60m	64-04	222
	18.66m 19.60m FOUL				
--	Hameed, Savannah	W17	ND		
	FOUL FOUL FOUL				

W50 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
-- Heston, Jennifer	W51	ND	
FOUL FOUL FOUL			

W60 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Dajia, Kristen	W60	35.40m	116-02 783
34.96m 35.40m 33.62m			

W65 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Vickie	W68 Eastern Buck	17.19m	56-05 376
14.24m 17.19m 16.69m			

W29&U Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Hameed, Savannah	W17	28.21m	92-07 443
27.42m 27.29m 28.21m			
2 Jay, Kristen	W17	26.92m	88-04 418
26.54m 26.92m 23.76m			
3 Hager, Cathrynn	W15	25.46m	83-06 391
25.46m 25.23m FOUL			
4 Zurn, Maggie	W17	17.65m	57-11 245
FOUL 17.65m FOUL			
5 Adkins, Kaleena	W15	12.29m	40-04 147
FOUL 12.29m FOUL			

W50 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Heston, Jennifer	W51	15.51m	50-11 282
15.51m 13.35m 13.70m			

W60 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Dajia, Kristen	W60	17.83m	58-06 440
17.20m FOUL 17.83m			

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****W65 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Points
1 McElhiney, Vickie 7.71m 10.83m 11.00m	W68 Eastern Buck	11.00m	36-01 278

W29&U Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Zurn, Maggie 11.59m 11.50m 12.00m	W17	12.00m	39-04.50 522
2 Hameed, Savannah 11.12m FOUL FOUL	W17	11.12m	36-05.75 476
3 Jay, Kristen 10.19m FOUL 10.32m	W17	10.32m	33-10.25 435
4 Adkins, Kaleena 7.14m FOUL 7.56m	W15	7.56m	24-09.75 293
5 Hager, Cathrynn 6.11m 6.47m 6.26m	W15	6.47m	21-02.75 238

W50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Heston, Jennifer 8.71m FOUL 8.97m	W51	8.97m	29-05.25 436

W60 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Dajia, Kristen 13.45m 14.49m FOUL	W60	14.49m	47-06.50 785

W65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Vickie 7.41m 6.56m 7.47m	W68 Eastern Buck	7.47m	24-06.25 403

M50 High Jump

Name	Age Team	Finals
1 Eibling, Adam 1.30 1.35 1.40 O O XXO	M50 Eastern Buck	1.40m 4-07.00

M29&U Pole Vault

Name	Age Team	Finals
1 Metz, Ethan 3.81 3.96 4.12 4.27 XXO O O XXX	M17 Xlperformanc	4.12m 13-06.25

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****...M29&U Pole Vault**

-- Wang, Gavin	M16	NH
3.05		
XXX		

M29&U Long Jump

4 Attempts				Finals	
Name	Age	Team			
1 Dino, Mervin	M29		5.81m	FOUL	19-00.75
5.81m			FOUL	5.74m	
2 Matheney, Colm	M17	Xlperformanc	5.73m		18-09.75
5.48m			5.67m	5.59m	5.73m

M45 Long Jump

4 Attempts				Finals	
Name	Age	Team			
1 Jakob, John	M49	Lake Erie Li	3.16m		10-04.50
3.10m			3.04m	3.16m	PASS

M50 Long Jump

4 Attempts				Finals	
Name	Age	Team			
1 Eibling, Adam	M50	Eastern Buck	3.49m		11-05.50
3.14m			3.49m	3.20m	3.40m

M29&U Triple Jump

4 Attempts				Finals	
Name	Age	Team			
1 Dino, Mervin	M29		10.77m		35-04.00
10.51m			FOUL	10.47m	10.77m

M29&U Shot Put

4 Attempts				Finals	
Name	Age	Team			
1 Matheney, Colm	M17	Xlperformanc	11.49m		37-08.50
11.41m			11.49m	11.39m	FOUL

M45 Shot Put

4 Attempts				Finals	
Name	Age	Team			
1 Jakob, John	M49	Lake Erie Li	5.71m		18-09.00
5.53m			5.71m	4.60m	FOUL

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****M50 Shot Put**

4 Attempts						Finals	
Name	Age Team						
1 Cavotta, Michael	M53				14.80m	48-06.75	
	14.62m	14.60m	FOUL	14.80m			
2 Maynard, John	M50				13.96m	45-09.75	
	FOUL	FOUL	13.96m	FOUL			
3 Ongley, Patrick	M50				10.92m	35-10.00	
	10.38m	10.92m	10.47m	10.27m			

M55 Shot Put

4 Attempts						Finals	
Name	Age Team						
1 Weigel, Patrick	M57 Over The Hill TC				11.57m	37-11.50	
	11.57m	11.21m	11.13m	11.57m			

M60 Shot Put

4 Attempts						Finals	
Name	Age Team						
1 Cahill, Lawrence	M62				12.95m	42-06.00	
	11.87m	12.81m	12.95m	FOUL			
2 LaPaille, Thomas	M63				10.15m	33-03.75	
	10.15m	9.51m	9.65m	9.73m			
3 Furlow, Dennis	M61				10.02m	32-10.50	
	9.58m	9.94m	9.63m	10.02m			
4 Groubert, Donald	M63 Eastern Buck				7.55m	24-09.25	
	7.07m	7.55m					
5 Greenlee, Michael	M60 Amp Up Sport				7.46m	24-05.75	
	6.61m	7.46m	7.10m	7.13m			

M65 Shot Put

4 Attempts						Finals	
Name	Age Team						
1 Wilps, Michael	M67 Eastern Buck				9.78m	32-01.00	
	9.78m	FOUL	9.55m	FOUL			
2 Russell, Ray	M65				9.59m	31-05.75	
	9.19m	9.31m	9.39m	9.59m			
3 Chapman, Don	M66 Eastern Buck				6.79m	22-03.50	
	6.79m	6.50m	6.74m	6.74m			

M29&U Discus Throw

4 Attempts						Finals	
Name	Age Team						
2 Adkins, Cashton	M16				45.05m	147-10	
	45.05m	FOUL	FOUL	38.41m			
6 Matheney, Colm	M17 Xlperformanc				34.13m	112-00	
	FOUL	34.13m	FOUL	33.47m			

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****M40 Discus Throw**

4 Attempts					
Name	Age Team			Finals	
12 DeLong, Joseph	M41			23.06m	75-08
22.35m	22.20m	23.06m	20.61m		

M45 Discus Throw

4 Attempts					
Name	Age Team			Finals	
1 Dennis, James	M47			47.67m	156-05
FOUL	46.74m	47.67m	FOUL		
15 Jakob, John	M49 Lake Erie Li			15.80m	51-10
13.63m	14.64m	15.80m	14.90m		

M50 Discus Throw

4 Attempts					
Name	Age Team			Finals	
7 Maynard, John	M50			33.13m	108-08
FOUL	FOUL	29.07m	33.13m		
8 Ongley, Patrick	M50			32.62m	107-00
31.08m	31.73m	32.39m	32.62m		

M55 Discus Throw

4 Attempts					
Name	Age Team			Finals	
4 Weigel, Patrick	M57 Over The Hill TC			35.21m	115-06
35.12m	27.97m	FOUL	35.21m		

M60 Discus Throw

4 Attempts					
Name	Age Team			Finals	
3 LaPaille, Thomas	M63			36.81m	120-09
36.81m	35.84m	33.72m	36.59m		
5 Furlow, Dennis	M61			34.31m	112-07
29.41m	23.13m	FOUL	34.31m		
14 Groubert, Donald	M63 Eastern Buck			20.45m	67-01
20.45m	20.38m	18.78m	PASS		

M65 Discus Throw

4 Attempts					
Name	Age Team			Finals	
9 Wilps, Michael	M67 Eastern Buck			30.53m	100-02
30.37m	FOUL	29.84m	30.53m		
10 Bzibziak, Raymond	M69 Eastern Buck			29.98m	98-04
29.98m	FOUL	28.50m	FOUL		

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****...M65 Discus Throw**

11	Russell, Ray	M65	28.49m	93-06
	28.23m 28.49m 28.38m	FOUL		
13	Chapman, Don	M66 Eastern Buck	23.06m	75-08
	22.32m 21.94m	FOUL 23.06m		

M29&U Hammer Throw

4 Attempts				
	Name	Age Team	Finals	
--	Adkins, Cashton	M16	ND	
	FOUL FOUL FOUL FOUL			

M40 Hammer Throw

4 Attempts				
	Name	Age Team	Finals	
3	DeLong, Joseph	M41	26.85m	88-01
	24.83m 26.01m 26.85m 23.22m			

M45 Hammer Throw

4 Attempts				
	Name	Age Team	Finals	
10	Jakob, John	M49 Lake Erie Li	14.20m	46-07
	13.43m 14.20m 12.47m	FOUL		

M50 Hammer Throw

4 Attempts				
	Name	Age Team	Finals	
1	Maynard, John	M50	43.00m	141-01
	43.00m	FOUL FOUL PASS		

M60 Hammer Throw

4 Attempts				
	Name	Age Team	Finals	
2	LaPaille, Thomas	M63	35.69m	117-01
	35.69m	FOUL FOUL FOUL		
6	Greenlee, Michael	M60 Amp Up Sport	21.36m	70-01
	21.36m	FOUL 19.34m 19.49m		
9	Groubert, Donald	M63 Eastern Buck	18.96m	62-02
	17.74m 18.96m	PASS PASS		

M65 Hammer Throw

4 Attempts				
	Name	Age Team	Finals	
4	Bzibziak, Raymond	M69 Eastern Buck	23.26m	76-04
	19.54m	FOUL 23.26m	FOUL	

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****...M65 Hammer Throw**

5	Russell, Ray	M65	22.25m	73-00
	FOUL 19.69m 19.46m 22.25m			
7	Wilps, Michael	M67 Eastern Buck	20.28m	66-06
	FOUL 20.28m FOUL 18.00m			
8	Chapman, Don	M66 Eastern Buck	19.56m	64-02
	19.56m 19.21m 18.63m 19.53m			

M29&U Javelin Throw

4 Attempts				
	Name	Age Team	Finals	
1	Matheney, Colm	M17 Xlperformanc	42.86m	140-07
	39.11m 38.12m 42.86m 37.91m			
--	Wang, Gavin	M16	ND	
	FOUL FOUL FOUL FOUL			

M45 Javelin Throw

4 Attempts				
	Name	Age Team	Finals	
9	Jakob, John	M49 Lake Erie Li	17.23m	56-06
	FOUL FOUL 17.23m FOUL			

M50 Javelin Throw

4 Attempts				
	Name	Age Team	Finals	
2	Eibling, Adam	M50 Eastern Buck	40.78m	133-09
	40.78m 36.06m FOUL 32.79m			
5	Maynard, John	M50	27.03m	88-08
	27.03m FOUL PASS PASS			

M60 Javelin Throw

4 Attempts				
	Name	Age Team	Finals	
3	LaPaille, Thomas	M63	36.39m	119-05
	36.39m 35.51m 35.66m 34.55m			
4	Furlow, Dennis	M61	30.31m	99-05
	FOUL FOUL 30.31m FOUL			
6	Greenlee, Michael	M60 Amp Up Sport	22.79m	74-09
	20.85m 17.10m 19.59m 22.79m			
11	Groubert, Donald	M63 Eastern Buck	15.72m	51-07
	14.81m 15.72m PASS PASS			

M65 Javelin Throw

4 Attempts				
	Name	Age Team	Finals	
7	Wilps, Michael	M67 Eastern Buck	22.29m	73-01
	19.11m FOUL 22.29m 17.05m			

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****...M65 Javelin Throw**

8	Russell, Ray	M65	21.85m	71-08
	21.85m FOUL 18.63m FOUL			
10	Chapman, Don	M66 Eastern Buck	16.72m	54-10
	16.53m 15.99m FOUL 16.72m			

M50 Weight Throw

4 Attempts				
Name	Age	Team	Finals	
1	Maynard, John	M50	15.67m	51-05.00
	15.67m FOUL FOUL 13.90m			

M60 Weight Throw

4 Attempts				
Name	Age	Team	Finals	
2	LaPaille, Thomas	M63	12.37m	40-07.00
	12.09m 12.37m 11.03m 10.82m			
7	Groubert, Donald	M63 Eastern Buck	7.08m	23-02.75
	6.52m 7.08m 6.84m PASS			

M65 Weight Throw

4 Attempts				
Name	Age	Team	Finals	
3	Wilps, Michael	M67 Eastern Buck	9.66m	31-08.50
	8.73m 8.82m 9.42m 9.66m			
4	Bzibziak, Raymond	M69 Eastern Buck	9.47m	31-01.00
	8.49m 9.22m FOUL 9.47m			
5	Russell, Ray	M65	8.75m	28-08.50
	8.53m 8.56m 8.43m 8.75m			
6	Chapman, Don	M66 Eastern Buck	7.79m	25-06.75
	FOUL 7.58m 7.79m 7.60m			

M29&U Shot Put Throws Pentathlon

Name	Age	Team	Finals	Points
1	Adkins, Cashton	M16	11.93m	39-01.75 602
	11.58m 11.93m 11.55m			

M50 Shot Put Throws Pentathlon

Name	Age	Team	Finals	Points
1	Maynard, John	M50	13.70m	44-11.50 840
	13.62m 13.70m FOUL			
2	Peterson, David	M54	7.11m	23-04.00 379
	6.95m 6.88m 7.11m			

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****M60 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Points
1 LaPaille, Thomas 10.46m 9.75m 9.88m	M63	10.46m 34-04.00	656
2 Fulton, James 10.32m 9.62m 9.98m	M64	10.32m 33-10.25	645
3 Groubert, Donald 6.63m 7.04m 7.26m	M63 Eastern Buck	7.26m 23-10.00	419

M65 Shot Put Throws Pentathlon

Name	Age Team	Finals	Points
1 Russell, Ray 9.44m 9.64m 9.53m	M65	9.64m 31-07.50	657
2 Wilps, Michael 9.61m FOUL 8.92m	M67 Eastern Buck	9.61m 31-06.50	654
3 Bzibziak, Raymond 7.21m 7.13m 7.15m	M69 Eastern Buck	7.21m 23-08.00	462
4 Chapman, Don 6.79m 6.75m 6.86m	M66 Eastern Buck	6.86m 22-06.25	434

M70 Shot Put Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Edward 10.62m 10.35m FOUL	M71 Eastern Buck	10.62m 34-10.25	719

M80 Shot Put Throws Pentathlon

Name	Age Team	Finals	Points
1 Kelly, Gene 6.03m 5.97m 6.04m	M80 Over The Hill TC	6.04m 19-09.75	389

M29&U Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Adkins, Cashton 40.77m 36.87m FOUL	M16	40.77m 133-09	680

M50 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Maynard, John 39.48m 36.98m FOUL	M50	39.48m 129-06	660
2 Peterson, David 13.82m FOUL 17.79m	M54	17.79m 58-04	233

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****M60 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Points
1 Fulton, James 36.24m FOUL FOUL	M64	36.24m	118-11 563
2 LaPaille, Thomas FOUL 35.95m FOUL	M63	35.95m	117-11 558
3 Groubert, Donald 20.03m 20.99m 21.07m	M63 Eastern Buck	21.07m	69-01 278

M65 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Wilps, Michael FOUL 32.05m 33.54m	M67 Eastern Buck	33.54m	110-00 574
2 Russell, Ray FOUL FOUL 29.08m	M65	29.08m	95-05 480
3 Bzibziak, Raymond FOUL 28.49m 28.10m	M69 Eastern Buck	28.49m	93-06 468
4 Chapman, Don 21.08m 22.58m 21.46m	M66 Eastern Buck	22.58m	74-01 346

M70 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Edward 28.50m 28.72m 28.15m	M71 Eastern Buck	28.72m	94-03 538

M80 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Kelly, Gene 14.87m 15.01m 16.32m	M80 Over The Hill TC	16.32m	53-06 360

M29&U Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Adkins, Cashton FOUL FOUL 37.00m	M16	37.00m	121-05 490

M50 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Maynard, John 42.04m FOUL 42.41m	M50	42.41m	139-02 642
2 Peterson, David 9.23m 12.09m 12.77m	M54	12.77m	41-11 122

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****M60 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Points
1 LaPaille, Thomas 30.08m FOUL 32.82m	M63	32.82m	107-08 513
2 Fulton, James FOUL 30.31m 30.23m	M64	30.31m	99-05 465
3 Groubert, Donald FOUL 19.17m 17.30m	M63 Eastern Buck	19.17m	62-11 255

M65 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Russell, Ray 23.50m FOUL FOUL	M65	23.50m	77-01 380
2 Wilps, Michael 20.81m 18.71m FOUL	M67 Eastern Buck	20.81m	68-03 324
3 Chapman, Don 18.81m 17.11m 18.86m	M66 Eastern Buck	18.86m	61-10 284
-- Bzibziak, Raymond FOUL FOUL FOUL	M69 Eastern Buck	ND	

M70 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Edward 21.97m 21.24m 24.06m	M71 Eastern Buck	24.06m	78-11 388

M80 Hammer Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Kelly, Gene 19.94m FOUL 20.40m	M80 Over The Hill TC	20.40m	66-11 363

M29&U Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Adkins, Cashton 22.29m 19.29m 18.11m	M16	22.29m	73-01 192

M50 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Maynard, John FOUL 22.06m FOUL	M50	22.06m	72-04 259
2 Peterson, David FOUL FOUL 8.27m	M54	8.27m	27-01 35

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****M60 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Points
1 LaPaille, Thomas 37.06m 32.94m 37.00m	M63	37.06m	121-07 599
2 Fulton, James 31.35m 33.39m FOUL	M64	33.39m	109-06 525
3 Groubert, Donald 12.34m 17.16m 18.13m	M63 Eastern Buck	18.13m	59-06 227

M65 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Wilps, Michael 20.73m 20.78m 23.07m	M67 Eastern Buck	23.07m	75-08 370
2 Russell, Ray 19.27m 20.55m 21.56m	M65	21.56m	70-09 338
3 Bzibziak, Raymond 16.36m FOUL 16.85m	M69 Eastern Buck	16.85m	55-03 238
4 Chapman, Don FOUL 13.99m 15.26m	M66 Eastern Buck	15.26m	50-01 204

M70 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Edward FOUL 13.66m 18.72m	M71 Eastern Buck	18.72m	61-05 287

M80 Javelin Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Kelly, Gene 11.99m 9.82m 11.47m	M80 Over The Hill TC	11.99m	39-04 189

M29&U Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Adkins, Cashton 14.82m 15.12m 14.32m	M16	15.12m	49-07.25 742

M50 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Maynard, John 15.17m 13.97m 15.00m	M50	15.17m	49-09.25 742
2 Peterson, David 5.55m 5.45m 4.93m	M54	5.55m	18-02.50 206

2023 USATF Lake Erie Association Jump and Throws Championships - 9/17/2023**Results - Weight Pentathlon****M60 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Points
1 Fulton, James 13.08m 12.51m FOUL	M64	13.08m 42-11.00	631
2 LaPaille, Thomas FOUL 11.87m 11.91m	M63	11.91m 39-01.00	564
3 Groubert, Donald 7.27m 6.81m 6.69m	M63 Eastern Buck	7.27m 23-10.25	304

M65 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Wilps, Michael 7.21m FOUL 8.92m	M67 Eastern Buck	8.92m 29-03.25	434
2 Russell, Ray 8.65m 8.84m 8.43m	M65	8.84m 29-00.00	429
3 Chapman, Don FOUL 6.83m 7.81m	M66 Eastern Buck	7.81m 25-07.50	367
-- Bzibziak, Raymond FOUL FOUL FOUL	M69 Eastern Buck	ND	

M70 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 McElhiney, Edward 7.85m FOUL FOUL	M71 Eastern Buck	7.85m 25-09.25	344

M80 Weight Throw Throws Pentathlon

Name	Age Team	Finals	Points
1 Kelly, Gene 6.97m 7.99m 8.59m	M80 Over The Hill TC	8.59m 28-02.25	399