



2024 Lake Erie Association Open & Masters Cross Country Championships Saturday, November 9, 2024

Location: Columbiana High School
700 Columbiana-Waterford Rd, Columbiana, OH 44408

Time: 10:00 am. Men and Women Open and Masters will race 5,000 Meters at the same time.

Check In: Begins at 8:30 am.

Age Groups (M & F): Open (ages 19 to 39), Masters ages 40+ (in five-year increments)

Rules: The competition will be conducted under the current USATF rules.

Sanction: This meet is sanctioned by Lake Erie Association of USA Track & Field.

Awards: Association medals to top three Lake Erie Association members only in each age group.

Course: Mostly a grass surface. No dressing facility is available.

Entry Fee: \$15 per event until 11/5/2024.

No additional entry fee for teams. A team must consist of at least five runners, but not more than eight runners, and the team must be a registered USATF club.

All athletes must have a current USATF membership card. Membership must be purchased online at www.usatf.org.

Online Registration: Go to <https://www.simplyregister.net/register/?e=126615> and fill out the online registration, there is no onsite or mail in registration. Registration will be open until November 5, 2024 (\$15) at 11:59 pm.

Please do not wait till the last minute! All ages need to be verified by USATF's National Office. You will not be able to register without birthdate verification.

THERE WILL BE NO REGISTRATION AFTER NOVEMBER 5, 2024 AT 11:59 PM!

Questions: Call or text Phillip Pillin at (330) 881-2058 or email XC@lakeerie.usatf.org

Columbiana High School

Cross Country Course

5K

15-16

17-18

OPENS
MASTERS

1 mile MARK

3 mile MARK

FINISH

START 2X Lower Loop



600 ft

Columbiana High School

422

Columbiana Waterford Rd

Google Earth

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