



USATF Bay Days 5 Miler

Thursday, July 4, 2024

**29230 Wolf Rd
Bay Village, Ohio 44140**

USATF MEMBERSHIP

To participate in the 2024 USATF Lake Erie Association Race Series you must be a 2024 USATF Member. You may renew/Join at: www.usatf.org/membership

AGE DIVISIONS

This race will be part of the 2024 USATF Lake Erie Association Race Series. Individual competition for the series is scored for both men and women in the Open (ages 19-39), and Masters (40+, age graded) categories.

TIME SCHEDULE

Race begins at 8:30 AM

ENTRY FEE

See website for entry fee details. \$40 Race Fee. Price increases to \$45.00 after June 2, 2024 at 11:59pm EDT

AWARDS

Top 1 M/F
Top 3 in 5 Year Age Groups from 14 & Under to 80 & Over
Top M/F Master & Grandmaster

ENTRY FORM

See race website for online registration.
See second page for the mailed entry form.

RACE WEBSITE

<https://runsignup.com/Race/Info/OH/BayVillage/BayDays>

CONTACT

If you have any questions regarding the Bay Days 5 Miler, contact the race using the 'Questions?' button at the bottom of their webpage.

For questions concerning the 2024 USATF Lake Erie Association Race Series, contact Luke Hickman at mldr@lakeerie.usatf.org.



RUN THE LAND

Paper Entry

Participants must review each individual event website for official entry fees at:
www.RunTheLand.com

Make checks payable to Run The Land & mail to:

Run the Land
585 Columbia Rd
Bay Village, OH 44140
(216) 870-4902

Mailed entry forms must be received the Wednesday before race weekend.

Email: Info@TheRuniversity.com or call (216) 870-4902

Race Name: _____ Race Distance: _____

Participant Name: _____ Gender: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Phone: _____ DOB: ____ / ____ / ____

Shirt Size: _____ Race Entry Fee \$: _____

Additional Donation to Charity Organization: _____

Emergency Contact Name: _____ Phone: _____

Signature of Participant: _____ Date: _____

(or Guardian, if Participant is a minor)

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waiver and release any and all rights and claims for damages I may have against Run the Land, City of Cleveland, the event sponsors, their representative successors, and assigns for any and all injuries suffered by me in said event or in transit to and from the event. I further attest that I am physically fit and have prepared for this event. I will additionally permit the use of my name and/or pictures in publications.

Extra Notes: _____

2024 Paper Reg Form for All 204 Events. Fill out info accordingly. Not all info is needed for all events.