

2025 USATF Lake Erie Association Open & Masters T&F Championships - 7/5/2025**USATF Masters Midwest Regional T&F Championships****The Spire Academy****Meet Program - Track Events****Event 36 Men 5000 Meter Race Walk**

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

3 Stross, William M76 Springbok Tr, Cl

Event 35 Women 5000 Meter Race Walk

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1 Wildman, Cindy W73 Springbok Tr, Sc

2 Prohaska, Joyce W74 Springbok Tr, La

Event 27 Women 5000 Meter Run

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1 Rugh, Michelle W41 Unattached, Cha

2 Etzel, Gretchen W54 Amp Up Sport, C

Event 15 Men 80 Short Hurdles

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

2 Milan, Michael M71 Unattached, Nor

3 Deitrich, Woody M72 Club Northwe, S

4 Snodgrass, Ernie M72 Unattached, Cre

Event 38 Women 100 Short Hurdles

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

7 Luthy, Madison W24 Unattached, Mec

Event 37 Men 100 Short Hurdles

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

2 Manning, Adam M50 Dearborn Tra, Pc

3 De Freitas, Carlos M54 Dearborn Tra, Lc

4 Brown, Eric M53 Unattached, Clev

5 Murdock, Daniel M50 Tnt Internat, Bro

Event 21 Women 100 Meter Dash

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1 Patricia, Gloria W63 Unattached, Sou

2 Randolph, Kathy W60 Eastern Buck, H

3 Ellis-Rhea, Kimberly W49 Amp Up Sport, I

4 Dorsey, Brittany W40 Amp Up Sport, V

5 Barnhart, Rachael W41 Amp Up Sport, I

6 Uttam, Rhonda W56 Amp Up Sport, I

7 King-Pemberton, Tina W60 Unattached, Pitts

Event 22 Men 100 Meter Dash

Lane Name	Age	Team	Seed Time
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Section 1 of 2 Finals

2 Robbins, Stephen M82 Unattached, Clev

3 Koehler, Kurt M68 Unattached, Indi

4 Finley, Lawrence M66 Over The Hil, Sa

5 Tinsman, Thomas M72 Tnt Internat, Strc

6 Deitrich, Woody M72 Club Northwe, S

7 Snodgrass, Ernie M72 Unattached, Cre

8 Frontino, James M75 Tnt Internat, Bro

9 Ford III, Joseph M75 Unattached, Bart

Section 2 of 2 Finals

2 Simmons, Paul M49 Unattached, Hin

3 Park, Dean M47 Great Britai, Pov

4 Stepp, Jared M43 Unattached, Hol

5 Bauer, Tristen M19 University o, Bro

6 Frank, Olin M21 Xlperformanc, C

7 Murdock, Daniel M50 Tnt Internat, Bro

8 Shimmi, Akio M53 Japan, Newark, C

9 Payne Jr., Jerome M54 Eastern Buck, A

Event 13 Women 1500 Meter Run

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

12 Rugh, Michelle W41 Unattached, Cha

13 Suhy, Erika W42 Unattached, Mck

14 Boyd, Jeannette W49 Unattached, Uni

Event 14 Men 1500 Meter Run

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1 Thomas, York M37 Unattached, Coh

2 Gardner, Brian M42 Unattached, Clev

3 Hardie, Chris M47 Unattached, Way

4 Montgomery, David M49 Unattached, Hud

5 Boyd, Peter M51 Eastern Buck, U

6 Kiessler, Dave M53 Unattached, Will

7 Fuller, Russ M54 Unattached, Akr

8 Pillin, Phillip M63 Eastern Buck, Pc

9 Adams, James M67 Unattached, Cha

10 Stross, William M76 Springbok Tr, Cl

11 Gerson, Jeffrey M78 Over The Hil, Ly

Event 53 Women 2000 Meter Steeplechase

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1 Zavorka Thomas, Megan W38 Unattached, Coh

Event 54 Men 2000 Meter Steeplechase

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

2 Milan, Michael M71 Unattached, Nor

2025 USATF Lake Erie Association Open & Masters T&F Championships - 7/5/2025**USATF Masters Midwest Regional T&F Championships****The Spire Academy****Meet Program - Track Events****Event 34 Men 3000 Meter Steeplechase**

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1 Novak, Charles M57 Unattached, Cuy

Event 19 Women 400 Meter Dash

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

2 Stipanovich, Lisa W56 Unattached, Wes

3 Rugh, Michelle W41 Unattached, Cha

4 Barnhart, Rachael W41 Amp Up Sport, I

5 Suhy, Erika W42 Unattached, Mck

6 Saul, Karen W63 Amp Up Sport, V

Event 20 Men 400 Meter Dash

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

2 Snodgrass, Ernie M72 Unattached, Cre

3 Montgomery, David M49 Unattached, Hud

4 Simmons, Paul M49 Unattached, Hin

5 Park, Dean M47 Great Britai, Pov

6 Irizarry, Jaime M52 Unattached, Avo

7 Novak, Charles M57 Unattached, Cuy

8 Purdy, Mark M68 Over The Hil, Al

Event 23 Women 800 Meter Run

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

11 Rugh, Michelle W41 Unattached, Cha

12 Suhy, Erika W42 Unattached, Mck

13 Uttam, Rhonda W56 Amp Up Sport, I

Event 24 Men 800 Meter Run

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1 Thomas, York M37 Unattached, Coli

2 Montgomery, David M49 Unattached, Hud

3 Fuller, Russ M54 Unattached, Akr

4 Adams, James M67 Unattached, Cha

5 Purdy, Mark M68 Over The Hil, Al

6 Austin Jr., Ulysses M70 Eastern Buck, C

7 Cooper, Charles M70 Unattached, Mid

8 Liscynesky, Roman M71 Over The Hil, Se

9 Williams, David M74 Eastern Buck, Cl

10 Gerson, Jeffrey M78 Over The Hil, Ly

Event 44 Women 400 Long Hurdles

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

6 Zavorka Thomas, Megan W38 Unattached, Coli

Event 43 Men 400 Long Hurdles

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

2 Manning, Adam M50 Dearborn Tra, Pc

3 Murdock, Daniel M50 Tnt Internat, Bro

4 Jakob, John M51 Lake Erie Li, Ak

5 De Freitas, Carlos M54 Dearborn Tra, Lc

Event 25 Women 200 Meter Dash

Lane Name	Age	Team	Seed Time
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Section 1 of 1 Finals

3 Stipanovich, Lisa W56 Unattached, Wes

4 Ellis-Rhea, Kimberly W49 Amp Up Sport, I

5 Dorsey, Brittany W40 Amp Up Sport, V

6 Randolph, Kathy W60 Eastern Buck, Hi

7 King-Pemberton, Tina W60 Unattached, Pitts

8 Moore, Annette W66 Unattached, Mid

Event 26 Men 200 Meter Dash

Lane Name	Age	Team	Seed Time
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Section 1 of 3 Finals

3 Park, Dean M47 Great Britai, Pov

4 Stepp, Jared M43 Unattached, Hol

5 Hardie, Chris M47 Unattached, Way

6 Montgomery, David M49 Unattached, Hud

Section 2 of 3 Finals

3 Shimmi, Akio M53 Japan, Newark, C

4 Irizarry, Jaime M52 Unattached, Avo

5 Manning, Adam M50 Dearborn Tra, Pc

6 Murdock, Daniel M50 Tnt Internat, Bro

7 Brown, Eric M53 Unattached, Clev

8 Payne Jr., Jerome M54 Eastern Buck, Av

Section 3 of 3 Finals

1 Robbins, Stephen M82 Unattached, Clev

2 Tinsman, Thomas M72 Tnt Internat, Stro

3 Snodgrass, Ernie M72 Unattached, Cre

4 Finley, Lawrence M66 Over The Hil, Sa

5 Walls, Vincent M66 Over The Hil, Sc

6 Purdy, Mark M68 Over The Hil, Al

7 Deitrich, Woody M72 Club Northwe, S

8 Frontino, James M75 Tnt Internat, Bro

2025 USATF Lake Erie Association Open & Masters T&F Championships - 7/5/2025**USATF Masters Midwest Regional T&F Championships****The Spire Academy****Meet Program - Field Events****Event 1 Women High Jump**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Jones, Olivia	W25	Unattached, Mer	1.71m
2	Inks, Melinda	W54	Amp Up Sport, V	0.95m
3	Uttam, Rhonda	W56	Amp Up Sport, I	0.90m
4	Saul, Karen	W63	Amp Up Sport, V	NH
5				

Event 2 Men High Jump

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Kline, Barry	M85	Over The Hil, W	1.11m
2	Robbins, Stephen	M82	Unattached, Clev	1.00m
3	Ford III, Joseph	M75	Unattached, Bart	1.30m
4	Deitrich, Woody	M72	Club Northwe, S	1.25m
5	Milan, Michael	M71	Unattached, Nor	1.30m
6	Koehler, Kurt	M68	Unattached, Indi	1.30m
7	Schwenk, David	M67	Unattached, Urb	1.30m
8	Finley, Lawrence	M66	Over The Hil, Sa	1.30m
9	De Freitas, Carlos	M54	Dearborn Tra, Lc	1.55m
10	Montgomery, Keith	M53	Cincinnati A, Ci	1.60m
11				

Event 5 Women Pole Vault

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Simmons, Shannon	W50	Unattached, Hic	3.00m
2	Croskell, Helen	W52	Unattached, Wes	2.00m
3				

Event 6 Men Pole Vault

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Ford III, Joseph	M75	Unattached, Bart	2.40m
2	Jakob, John	M51	Lake Erie Li, Ak	1.50m
3	Gardner, Brian	M42	Unattached, Clev	2.40m
4	Frank, Olin	M21	Xlperformanc, C	4.45m
5				

Event 7 Men Long Jump

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Deitrich, Woody	M72	Club Northwe, S	ND
2	Williams, Todd	M61	Amp Up Sport, V	ND
3	Jakob, John	M51	Lake Erie Li, Ak	ND
4	Murdock, Daniel	M50	Tnt Internat, Bro	ND
5	Hardie, Chris	M47	Unattached, Way	ND
6	Stepp, Jared	M43	Unattached, Hol	ND
7	Bauer, Tristen	M19	University o, Br	ND
8				
9				

Event 8 Women Long Jump

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Moore, Annette	W66	Unattached, Mid	ND
2	Patricia, Gloria	W63	Unattached, Sou	ND
3	Uttam, Rhonda	W56	Amp Up Sport, I	ND
4	Inks, Melinda	W54	Amp Up Sport, V	ND
5	Dorsey, Brittany	W40	Amp Up Sport, V	ND
6	Luthy, Madison	W24	Unattached, Mec	ND
7				

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USATF Masters Midwest Regional T&F Championships

The Spire Academy

Meet Program - Field Events

Event 9 Men Triple Jump				
Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Williams, Todd	M61	Amp Up Sport, V	7.00m
2	De Freitas, Carlos	M54	Dearborn Tra, Lc	ND

Event 10 Women Triple Jump				
Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Patricia, Gloria	W63	Unattached, Sou	ND
2	Inks, Melinda	W54	Amp Up Sport, V	5.00m
3				

Event 3 Men Shot Put				
Pos	Name	Age	Team	Seed Mark
Flight 1 of 2 Finals				
1	Rutledge Jr., John	M73	Unattached, Nor	ND
2	Tinsman, Thomas	M72	Tnt Internat, Str	ND
3	Chapman, Don	M68	Eastern Buck, N	ND
4	Koehler, Kurt	M68	Unattached, Indi	ND
5	Carr, Bob	M66	Unattached, Tem	ND
6	Groubert, Donald	M65	Eastern Buck, Bi	ND
7	Furlow, Dennis	M63	Unattached, Ash	ND
8	Greenlee, Michael	M61	Amp Up Sport, /	ND
9				
10				

Flight 2 of 2 Finals				
1	Peterson, David	M55	Unattached, Mai	ND
2	Cavotta, Michael	M55	Unattached, Mer	ND
3	Kujala Jr., Mark	M54	Unattached, Hub	ND
4	Ongley, Patrick	M52	Unattached, Plea	ND
5	Buckler, Chris	M47	Unattached, Mid	ND
6	Gardner, Brian	M42	Unattached, Clev	ND
7	DeWerth, Chance	M42	Eastern Buck, Br	ND
8	Henning, Neil	M39	Unattached, Dec	ND
9	Bowman, John	M38	Unattached, Finc	ND
10	Mays, Max	M36	Eastern Buck, Gi	ND

Event 4 Women Shot Put				
Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Saul, Karen	W63	Amp Up Sport, V	ND
2	King-Pemberton, Tina	W60	Unattached, Pitts	ND
3	Ellis-Rhea, Kimberly	W49	Amp Up Sport, I	ND
4	Friedman, Audrey	W21	Spearwerx, Unio	ND

Event 47 Women Hammer Throw				
Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Uttam, Rhonda	W56	Amp Up Sport, I	ND
2	Barnhart, Rachael	W41	Amp Up Sport, I	ND
3				

2025 USATF Lake Erie Association Open & Masters T&F Championships - 7/5/2025**USATF Masters Midwest Regional T&F Championships****The Spire Academy****Meet Program - Field Events****Event 48 Men Hammer Throw**

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 2 Finals

1	Bzibziak, Raymond	M71	Eastern Buck, Le		ND
2	Chapman, Don	M68	Eastern Buck, No		ND
3	Groubert, Donald	M65	Eastern Buck, Bu		ND
4	Greenlee, Michael	M61	Amp Up Sport, A		ND
5	Peterson, David	M55	Unattached, Mai		ND
6	Jakob, John	M51	Lake Erie Li, Ak		ND
7					

Flight 2 of 2 Finals

1	Buckler, Chris	M47	Unattached, Mid		ND
2	DeLong, Joseph	M42	Unattached, Sha		ND
3	DeWerth, Chance	M42	Eastern Buck, Bu		ND
4	Henning, Neil	M39	Unattached, Dec		ND
5	Mays, Max	M36	Eastern Buck, Gi		ND
6	Kaufman, Owen	M22	Unattached, Mer		ND
7					

Event 49 Women Discus Throw

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 1 Finals

1	Stross, Karen	W71	Springbok Tr, Cl		ND
2	Saul, Karen	W63	Amp Up Sport, V		ND
3	Inks, Melinda	W54	Amp Up Sport, V		ND
4	Barnhart, Rachael	W41	Amp Up Sport, I		ND
5					

Event 50 Men Discus Throw

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 2 Finals

1	Rutledge Jr., John	M73	Unattached, Nor		ND
2	Tinsman, Thomas	M72	Tnt Internat, Stro		ND
3	Deitrich, Woody	M72	Club Northwe, S		ND
4	Schleppi, Joseph	M71	Unattached, Bex		ND
5	Bzibziak, Raymond	M71	Eastern Buck, Le		ND
6	Chapman, Don	M68	Eastern Buck, No		ND
7	Groubert, Donald	M65	Eastern Buck, Bu		ND
8	Furlow, Dennis	M63	Unattached, Ash		ND
9	Greenlee, Michael	M61	Amp Up Sport, A		ND
10					
11					
12					
13					

Flight 2 of 2 Finals

1	Cavotta, Michael	M55	Unattached, Mer		ND
2	Peterson, David	M55	Unattached, Mai		ND
3	Kujala Jr., Mark	M54	Unattached, Hub		ND
4	Ongley, Patrick	M52	Unattached, Plea		ND
5	Jakob, John	M51	Lake Erie Li, Ak		ND
6	Buckler, Chris	M47	Unattached, Mid		ND
7	Hardie, Chris	M47	Unattached, Way		ND
8	Stepp, Jared	M43	Unattached, Hol		ND
9	Gardner, Brian	M42	Unattached, Clev		ND
10	Henning, Neil	M39	Unattached, Dec		ND
11	Bowman, John	M38	Unattached, Finc		ND
12	Mays, Max	M36	Eastern Buck, Gi		ND
13	Bauer, Tristen	M19	University o, Br		ND

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USATF Masters Midwest Regional T&F Championships

The Spire Academy

Meet Program - Field Events

Event 51 Women Javelin Throw				
Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Saul, Karen	W63	Amp Up Sport, V	ND
2	Uttam, Rhonda	W56	Amp Up Sport, I	ND
3	Inks, Melinda	W54	Amp Up Sport, V	ND
4	Barnhart, Rachael	W41	Amp Up Sport, I	ND
5	Friedman, Audrey	W21	Spearwerx, Unio	ND
6				

Event 52 Men Javelin Throw				
Pos	Name	Age	Team	Seed Mark
Flight 1 of 2 Finals				
1	Koehler, Kurt	M68	Unattached, Indi	ND
2	Chapman, Don	M68	Eastern Buck, N	ND
3	Groubert, Donald	M65	Eastern Buck, B	ND
4	Furlow, Dennis	M63	Unattached, Ash	ND
5	Greenlee, Michael	M61	Amp Up Sport, /	ND
6				
7				
8				
9				
10				
11				

Flight 2 of 2 Finals				
1	Peterson, David	M55	Unattached, Mai	ND
2	Jakob, John	M51	Lake Erie Li, Ak	ND
3	Hardie, Chris	M47	Unattached, Way	ND
4	Stepp, Jared	M43	Unattached, Hol	ND
5	Gardner, Brian	M42	Unattached, Clev	ND
6	Frank, Olin	M21	Xlperformanc, C	ND
7				
8				
9				
10				
11				