



2025 Lake Erie Association Outdoor Open/Masters T&F Championships

**Saturday, July 5, 2025
10:00 AM**

The SPIRE Institute
5021 Spire Circle, Geneva, Ohio 44041

USATF MEMBERSHIP

To enter you must be a 2025 USATF Member. You may renew/Join at:
<https://www.usatf.org/>

Please do not wait till the last minute to get/renew a membership! All ages need to be verified by USATF's National Office. You will not be able to register without birthdate verification.

AGE DIVISIONS

Open(19-24 years)

Masters(25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ years)

TIME SCHEDULE

Field/Running Events (rolling) start at 10:00 AM.

ENTRY FEE

~~\$30~~first event, ~~\$10~~each additional event before 6/16/25, then ~~\$40~~first event, \$20 each additional event till 6/23/25 at 11:59pm.

~~\$50~~each relay team, paid on site, day of meet

No refunds due to circumstances beyond the control of USATF Lake Erie Association.

THERE WILL BE NO REGISTRATION AFTER JUNE 23, 2025, AT 11:59 PM EST!

AWARDS

Association medals to top three athletes in each event.

ENTRY FORM

Registration Status: <https://www.simplyregister.net/status/?e=127746>
Registration Form: <https://www.simplyregister.net/register/?e=127746>

INFORMATION

The competition will be conducted under USATF rules, and the meet will be sanctioned by the Lake Erie Association of USA Track & Field.

¼" Spikes permitted. Limited throwing implements will be provided. However athletes are allowed to use their personal implements provided implements are certified at the meet. 27" hurdles will not be available, 30" will be the minimum.

CONTACT

If you have any questions please contact Donald Porz at (216) 315-0289 or masters@lakeerie.usatf.org.

Jumpers and Throwers: Each competitor shall be allowed four (4) attempts for LJ/TJ; Shot Put, Hammer Throw, Discus. Implement weigh in will be from 8:00am to 9:30 am.

HIGH JUMP AND POLE VAULT Starting heights for the high jump and pole vault competition will be determined by facility equipment limitations subcommittee. Minimum High Jump height is 0.90; minimum Pole Vault height is approximately 0.90m. Opening height for each group will be determined by submitted performances. High Jump increments will be 5cm and Pole Vault will be 15cm.

VERTICAL JUMP RULE MODIFICATION In a mixed age or mixed gender vertical competition, an athlete who has won their age group may not go out of progression unless attempting a USATF or WMA age group record.



Schedule of Events (Subject to change)

Running Events

5,000 Meter Racewalk (M/F Combined)
5,000 Meter Run (M/F Combined)
3,000 Meter Steeplechase
2,000 Meter Steeplechase
400 Meter Relay
1500 Meter Run
Short Hurdles
400 Meter Sprint
100 Meter Sprint
800 Meter Run
Long Hurdles
200 Meter Sprint
1,600 Meter Relay

Field Events

High Jump
Pole Vault
Long Jump
Triple Jump
Shot Put
Hammer Throw
Discus
Javelin