

2026 USATF LEA OPEN/MASTERS ASSOCIATION T&F CHAMPIONSHIPS

Order of Running events for Sunday: Rolling schedule begins at 10:00AM

1. 5000m Run (Women & Men combined)
2. Short Hurdles (80m–110m) (80M Women & Men combined)
3. 100m (Women followed by Men)
4. 1500m Run (Women followed by Men)
5. 2000m Steeplechase (Women followed by Men)
6. 4x100m Relay (no entries at this time)
7. 400m (Women followed by Men)
8. 800m (Women & Men combined)
9. Long Hurdles (300m–400m) (400M Women & Men Combined)
10. 5000m Race Walk (Women & Men combined)
11. 200m (Women followed by Men)
12. 4x400m Relay (no entries at this time)

Order of Field Events: Begin at 10:00AM

Long Jump Open pit 10AM to 11:30AM – Four Attempts

Triple Jump Open pit 12:00 to 1:00PM – Four Attempts

Pole Vault – Men & Women begin at 10:00AM

High Jump – Men & Women begin at 10:00AM

Order of Throws: Four Attempts

Women's Shot Put & Men's Discus begin at 10:00AM

followed by Men's Shot Put & Women's Discus

followed by Hammer Throw – Men & Women Combined

followed by Javelin Throw – Women followed by Men