

2026 USATF Lake Erie Association Throws Championships - 9/13/2026**Meet Program****Event 1 Women Hammer Throw****4 Attempts****Ages 19-49: 4kg****Ages 50-59: 3kg**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Barnhart, Rachael	W42	Amp Up Sport, I	
2	Askew, Lachaka	W51	18-Unattache, B	
3	Dobbins, Mary Ann	W56	18-Unattache, C	
4	Uttam, Rhonda	W57	Amp Up Sport, I	

Event 2 Men Shot Put**4 Attempts****Ages 20-49: 16lb (7.26kg)****Ages 50-59: 6kg****Ages 60-69: 5kg**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Miller, Nick	M45	18-Unattache, W	
2	Ongley, Patrick	M53	18-Unattache, Pl	
3	Hutson, Alan	M61	04-Unattache, W	
4	Furlow, Dennis	M64	Lake Erie Li, As	
5	Cahill, Lawrence	M65	18-Unattache, W	

Event 3 Men Hammer Throw**4 Attempts****Ages 70-79: 4kg**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Bzibziak, Raymond	M72	Eastern Buck, L	
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Event 4 Women Shot Put**4 Attempts****Ages 13-14: 6lb****Ages 15-49: 4kg****Ages 50-74: 3kg**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Henning, Kenleigh	W13	16-Unattache, D	
2	Miller, Grace	W15	18-Unattache, W	
3	Barnhart, Rachael	W42	Amp Up Sport, I	
4	Ellis-Rhea, Kimberly	W50	Amp Up Sport, I	
5	Askew, Lachaka	W51	18-Unattache, B	
6	Dobbins, Mary Ann	W56	18-Unattache, C	
7	Liebschner, Sheri	W60	Eastern Buck, E.	
8	Saul, Karen	W64	Amp Up Sport, \	

Event 5 Women Discus Throw**4 Attempts****Ages 15-74: 1kg**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Miller, Grace	W15	18-Unattache, W	
2	Barnhart, Rachael	W42	Amp Up Sport, I	
3	Askew, Lachaka	W51	18-Unattache, B	
4	Inks, Melinda	W56	Amp Up Sport, \	
5	Dobbins, Mary Ann	W56	18-Unattache, C	
6	Uttam, Rhonda	W57	Amp Up Sport, I	
7	Saul, Karen	W64	Amp Up Sport, \	
8	Liebschner, Sheri	W60	Eastern Buck, E.	
9	Patricia, Gloria	W65	18-Unattache, S	

Event 6 Men Discus Throw**4 Attempts****Ages 20-49: 2kg****Ages 50-59: 1.5kg****Ages 60-79: 1kg**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Miller, Nick	M45	18-Unattache, W	
2	Ongley, Patrick	M53	18-Unattache, Pl	
3	Hutson, Alan	M61	04-Unattache, W	
4	Williams, Todd	M62	Amp Up Sport, \	
5	Furlow, Dennis	M64	Lake Erie Li, As	
6	Bzibziak, Raymond	M72	Eastern Buck, L	

Event 7 Women Javelin Throw**4 Attempts****Ages 19-49: 600g****Ages 50-74 500g****75+: 400g**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Barnhart, Rachael	W42	Amp Up Sport, I	
2	Uttam, Rhonda	W57	Amp Up Sport, I	
3	Inks, Melinda	W56	Amp Up Sport, \	
4	Patricia, Gloria	W65	18-Unattache, S	
5	Saul, Karen	W64	Amp Up Sport, \	

Event 8 Men Javelin Throw**4 Attempts****Ages 8&Under: 300g (mini)****Ages 20-49: 800g****Ages 60-69: 600g**

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Craig, Dontae	M7	18-Unattache, W	
2	Schiowitz, Josh	M29	08-Unattache, W	
3	Hutson, Alan	M61	04-Unattache, W	
4	Williams, Todd	M62	Amp Up Sport, \	
5	Furlow, Dennis	M64	Lake Erie Li, As	

2026 USATF Lake Erie Association Throws Championships - 9/13/2026**Meet Program****Event 9 Women Weight Throw****4 Attempts****Ages 19-49: 20lb (9.08kg)****Ages 50-59: 16lb (7.26kg)****Ages 60-74: 12lb (5.45kg)**

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 1 Finals

1	Barnhart, Rachael	W42	Amp Up Sport, I		
2	Uttam, Rhonda	W57	Amp Up Sport, I		
3	Liebschner, Sheri	W60	Eastern Buck, E.		

Event 10 Men Weight Throw**4 Attempts****Ages 70-79: 16lb (7.26kg)**

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 1 Finals

1	Bzibziak, Raymond	M72	Eastern Buck, L		
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Event 11 Throws Pentathlon: #1 Men Hammer Throw

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 1 Finals

1	Agyemang, Kwabena	M23	18-Unattache, N		
2	Johnson, Alex	M44	Eastern Buck, A		
3	Henning, Neil	M41	16-Unattache, D		
4	Groubert, Donald	M66	Eastern Buck, B		
5	Fulton, James	M67	17-Unattache, T		
6	Chapman, Don	M69	Eastern Buck, N		

Event 11 Throws Pentathlon: #2 Men Shot Put

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 1 Finals

1	Agyemang, Kwabena	M23	18-Unattache, N		
2	Henning, Neil	M41	16-Unattache, D		
3	Johnson, Alex	M44	Eastern Buck, A		
4	Groubert, Donald	M66	Eastern Buck, B		
5	Fulton, James	M67	17-Unattache, T		
6	Chapman, Don	M69	Eastern Buck, N		

Event 11 Throws Pentathlon: #3 Men Discus Throw

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 1 Finals

1	Agyemang, Kwabena	M23	18-Unattache, N		
2	Henning, Neil	M41	16-Unattache, D		
3	Johnson, Alex	M44	Eastern Buck, A		
4	Groubert, Donald	M66	Eastern Buck, B		
5	Fulton, James	M67	17-Unattache, T		
6	Chapman, Don	M69	Eastern Buck, N		

Event 11 Throws Pentathlon: #4 Men Javelin Throw

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 1 Finals

1	Agyemang, Kwabena	M23	18-Unattache, N		
2	Henning, Neil	M41	16-Unattache, D		
3	Johnson, Alex	M44	Eastern Buck, A		
4	Groubert, Donald	M66	Eastern Buck, B		
5	Fulton, James	M67	17-Unattache, T		
6	Chapman, Don	M69	Eastern Buck, N		

Event 11 Throws Pentathlon: #5 Men Weight Throw

Pos	Name	Age	Team	Seed	Mark
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Flight 1 of 1 Finals

1	Agyemang, Kwabena	M23	18-Unattache, N		
2	Henning, Neil	M41	16-Unattache, D		
3	Johnson, Alex	M44	Eastern Buck, A		
4	Groubert, Donald	M66	Eastern Buck, B		
5	Fulton, James	M67	17-Unattache, T		
6	Chapman, Don	M69	Eastern Buck, N		