2026 Lake Erie Association Indoor Track & Field Championships

Sunday, February 8, 2026 – 9:30AM

The SPIRE Institute
5021 Spire Circle, Geneva, Ohio 44041

USATF MEMBERSHIP

To enter you must be a 2025 USATF Member. You may renew/Join at: www.usatf.org/membership

Please do not wait till the last minute to get/renew a membership! All ages need to be verified by USATF's National Office. You will not be able to register without birthdate verification.

AGE DIVISIONS

Youth: (8 & under, 9-10, 11-12, 13-14, 15-16, 17-18 years)

Open: (19-24 years)

Masters: (25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ years)

TIME SCHEDULE

Doors Open at 8:30 AM. Field/Running Events (rolling) start at 9:30 AM.

ENTRY FEE

Registration opens December 1, 2025 at 12:00AM

$35 first event, **$15** each additional event before 1/31/2026

$50 each club relay before 1/31/2026

No refunds due to circumstances beyond the control of USATF Lake Erie Association.

THERE WILL BE NO REGISTRATION AFTER January 31, 2026, AT 11:59 PM EST!

AWARDS

Association Medals to the top three (3) individuals and relay teams in event of each age group.

EVENT SCHEDULE

Running: 4x200MR, 3000RW, Mile, 60MH, 60M, 800M, 400M,1500RW, 200M, 3000M, 4X400MR (Rolling time schedule). THERE WILL BE NO 27" HURDLE RACES!

Field: High Jump, Long Jump (followed by Triple Jump), Pole Vault, Weight Throw, Super Weight: Shot Put

ENTRY FORM

Registration Status: https://www.simplyregister.net/status/?e=128660

Registration Form: https://www.simplyregister.net/register/?e=128660

Information

The competition will be conducted under USATF rules, and the meet will be sanctioned by the Lake Erie Association of USA Track & Field.

Spire Institute has an eight-lane 300-meter Rekortan competition running track. Spikes must be ¼" or less and athletes must use starting blocks provided by the facility. Parking is free.

Contact

If you have any questions regarding Open and/or Masters, please contact Donald Porz at (216) 315-0289 or masters@lakeerie.usatf.org. If you have any questions regarding Youth, please contact Brian Jones at (330) 224-2672 or youth@lakeerie.usatf.org.

USATF
LAKE ERIE

Jumping Events

Male & Female Ages	High Jump	Pole Vault	Long Jump	Triple Jump
8 & Under	No	No	✓	No
9-10	✓	No	✓	No
11-12	✓	No	✓	No
13-14	✓	✓	✓	✓
15-16	✓	✓	✓	✓
17-18	✓	✓	✓	✓
19+	✓	✓	✓	✓

Throwing Events

Male Ages	Shot	Weight	Super Weight
8 & Under	2kg	-	
9-10	6lb	-	
11-12	6lb	-	
13-14	4kg	-	
15-18	12lb	11.34kg (25#)	
19	6kg	15.88kg (35#)	
20-49	7.26kg (16#)	15.88kg (35#)	
30-59			25.40kg (56#)
50-59	6kg	11.34kg (25#)	
60-69	5kg	9.08kg (20#)	20.00kg (44#)
70-79	4kg	7.26kg (16#)	15.88kg (35#)
80+	3kg	5.45kg (12#)	11.34kg (25#)

Female Ages	Shot	Weight	Super Weight
8 & Under	2kg	-	
9-10	6lb	-	
11-12	6lb	-	
13-14	6lb	-	
15-18	4kg	9.08kg (20#)	
19-49	4kg	9.08kg (20#)	
25-49			15.88kg (35#)
50-59	3kg	7.26kg (16#)	11.34kg (25#)
60-74	3kg	5.45kg (12#)	9.08kg (20#)
75+	2kg	4kg (8.8#)	7.25kg (16#)

Jumpers and Throwers: Each competitor shall be allowed four (4) attempts for LJ/TJ; Shot Put; Weigh Throw, Super Weight.

HIGH JUMP AND POLE VAULT Starting heights for the high jump and pole vault competition will be determined by facility equipment limitations subcommittee. Minimum High Jump height is 0.90; minimum Pole Vault height is approximately 1.85m. Opening height for each group will be determined by submitted performances. High Jump increments will be 5cm and Pole Vault will be 15cm.

VERTICAL JUMP RULE MODIFICATION In a mixed age or mixed gender vertical competition, an athlete who has won their age group may not go out of progression unless attempting a USATF or WMA age group record