



2026 Indoor Championships **ORDER OF EVENTS**

Running Events start at 9:30 AM. Rolling time schedule.

- 4x200M Relay
- 3000M Race Walk - Male & Female combined
- 1 Mile Run – Male & Female combined
- 60M Hurdles - Female followed by Male
- 60M Dash - Female 3 flights followed by Male 4 heats
- 800M Run - Female followed by Male
- 400M Run - Female 1 flight followed by Male 3 heats
- 1500M Race Walk - Male & Female combined
- 200M Dash – Female 2 flights followed by Male 5 heats
- 3000M Run - Male & Female combined
- 4x400M Relay

Field Events start at 9:30 AM. Rolling time schedule.

- High Jump - Female
 - followed by Male
- Long Jump- Open Pit Male & Female 9:30-10:30
 - followed by Triple Jump - Open Pit M&W 11:00-12:00
- Pole Vault – Male & Female combined
- Weight Throw - Male 2 flights
 - followed by Female 1 flight
 - followed by Super Weight Throw – Male & Female combined
- Shot Put - Female 2 flights followed by Male 4 flights

NOTE: Event order subject to change.